

| DAY 1: LANDING | | | | | |
|----------------|--------------|---|--------------------|--|----------------|
| TIME | WHERE | SESSION | THEME | PRESENTER / SPEAKER | MODE |
| 08:30-09:10 | Main Theatre | Pōwhiri - Welcome Ceremony <i>Māori cultural ceremony by Ngāti Whātua Ōrākei</i> | | | Hybrid |
| 09:10-9:50 | Main Theatre | Kaikōrero Matamua - Featured Speaker | | Hon. Grant Robertson, New Zealand Deputy Prime Minister | Hybrid |
| 09:50-10:20 | | Morning Tea - Waiti | | | |
| 10:20-11:25 | | Inspiring Insights - He Wawata | | | |
| | Main Theatre | Athlete wellbeing | High Performance | Casey Legler | Hybrid |
| | Main Theatre | Safe Sport: A paradigm shift | Active Lives | HRH Prince Feisal Al Hussain | Hybrid |
| | Main Theatre | Social Change through women and girls football | Social Change | Sarai Bareman | Hybrid |
| | Main Theatre | From the ground up - rebuilding the framework to create equal visibility for women's sport in the media | Visibility & Voice | Anthony Edgar | Hybrid |
| | Main Theatre | Leading through Transformational Change | Leadership | Raelene Castle ONZM | Hybrid |
| 11:40-12:30 | | Panel #1 - Paewhiri Kōrero | | | |
| | Main Theatre | Discrimination & Inclusion | Social Change | Mike McRoberts, Deepa Malik, Dame Louise Martin, Annabelle Williams, Stephanie Hightower, Jayanthi Kuru-Utumpala | Hybrid |
| | Hunua 1 | Safeguarding | Active Lives | Kirsty Burrows, Gloria Viseras, Baroness Tanni Grey-Thompson, Kupa Mukurumbira, Sarah Hirshland, Yvonne Nolan | Hybrid |
| | Hunua 3 | Building value in women's sport through visibility | Visibility & Voice | Rowena Samarasinha, Farah Palmer, Andrea Nelson, Rebecca Sowden, Kara Nortman | Hybrid |
| | Waihorotiu 1 | Athlete Voice | High Performance | Melodie Robinson, Roger Mortimer, Rob Koehler, Dame Valerie Adams, Ada Milby | Hybrid |
| | Waitakere 1 | Male Allies | Leadership | Katie Sadleir, Brian Lewis, Joe Hitchcock, Mike Stanley, Masa Ito | In person only |
| 12:30-13:30 | | Lunch - Tupuanuku | | | |
| 13:40-14:25 | | Panel #2 - Paewhiri Kōrero | | | |
| | Main Theatre | Leadership in coaching | Leadership | Michelle De Highden, John Bales, Afzan Mahadi, Dame Noeline Taurua | Hybrid |
| | Hunua 1 | Gender identity | Active Lives | Guylaine Demers, Louisa Wall, Madeleine Pape, Chris Mosier, David Gerrard | Hybrid |
| | Hunua 3 | Athlete wellbeing | High Performance | Don Mackinnon, Claire Bennett, Dame Sophie Pasoce, Margot Putukian, Araba Chintoh | Hybrid |
| | Waihorotiu 1 | Climate change/sustainability | Social Change | Megan Compain, Baklai Temengil, Ann Duffy, Moana Tamariiki, Hannah Prior | Hybrid |
| | Waitakere 1 | Impact of the female voice on visibility | Visibility & Voice | Sarah Cowley Ross, Assmaah Halal, Honey Hireme-Smiller, Emma Holmsen, Francine Raveney | In person only |

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| 14:45-15:30 | | Interactive Workshops - Awheawhe me korero tene | | | |
| Main Theatre | Leading System Change Through Social Learning | Leadership | Diane Culver | | Hybrid |
| Hunua 1 | Inclusion for Transgender Communities | Social Change | Sarah Axelson, Chris Mosier | | Hybrid |
| Hunua 2 | Keeping the Nation Active During the Pandemic | Active Lives | Darcy Hare, Justine Blomeley, Bev Blackburn | | In person only |
| Hunua 3 | Representation of Women in The Olympic & Paralympic Movement | Leadership | Marj Snyder | | Hybrid |
| Waihorotiu 1 | An Indigenous Approach to Team Culture | Visibility & Voice | Jeremy Hapeta | | Hybrid |
| Waitakere 1 | What Girls Need From Sport Uniforms | Active Lives | Clare Hanlon, Sarah Styles | | In person only |
| Waitakere 2 | The Power of Women-Only Education | Leadership | Elizabeth Masen, Natsue Koikawa, Etsuko Ogasawara, Nicole LaVoi | | In person only |
| Waitakere 3 | Solutions that Increase Research for the Marginalised | Value & Visibility | Nonhlanhla Sharon Mkumbuzi, Phathokuhle Zondi | | In person only |
| Virtual | Competing during COVID and the impact on sleep, health, and well-being in elite female basketball players | High Performance | Stephen Bird | | Virtual only |
| 15:30-16:00 | | Afternoon Tea - Waitā | | | |
| 16:00-16:45 | | Interactive Workshops - Awheawhe me korero tene | | | |
| Main Theatre | Understanding Menstrual Health in Physical Activity | Active Lives | Sarah Zipp, Anna Goorevich, Lisa Murawsky, Lilamani de Soysa, Rohini Mukherjee | | Hybrid |
| Hunua 1 | The Thriving Female Referee | Social Change | Trish Bradbury, Guy Bradbury | | Hybrid |
| Hunua 2 | Increase the Enjoyment of Active Lives | Active Lives | Mallory Mann | | In person only |
| Hunua 3 | Addressing Gender-based and Teen Dating Violence in Sport | Visibility & Voice | Isabelle Cayer | | Hybrid |
| Virtual | Sports Diplomacy and the Role it Plays | Visibility & Voice | Becky Clark | | Virtual only |
| Waitakere 2 | The Impact of Maternity Rights for Elite Athletes | High Performance | Tenille Burnside, Stephanie Bond | | In person only |
| Waitakere 3 | Sport as a Vehicle for Empowering Women and Girls | Social Change | Jessica Hammond-Graf, Jenn Heinrich, Erin Kennedy | | In person only |
| Waihorotiu 1 | Netball Develops Life Skills on & off the Court | Active Lives | Ellie Seckold | | Hybrid |
| 16:50 | | End of Day 1 | | | |

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DAY 2: WONDERMENT

| TIME | WHERE | SESSION | THEME | PRESENTER / SPEAKER | MODE |
|-------------|--------------|--|--------------------|--|----------------|
| 08:30-09:00 | Main Theatre | Opening Session <i>Everyone starts the day together in the Main Theatre</i> | | | Hybrid |
| 09:15-10:00 | | Interactive Workshops - Awheawhe me korero tene | | | |
| | Main Theatre | Leadership in International Sports Federations | Leadership | Lucie Schoh, Madeleine Pape | Hybrid |
| | Virtual | Challenging Gender Dynamics In Botswana Sport | Leadership | Tsoseletso Magang, Game Mothibi | Virtual only |
| | Hunua 2 | The Power of Rugby for Indigenous Youth in Canada | Social Change | Melanie Squire, Meagan Wilson | In person only |
| | Hunua 3 | Join a Live Funding Pitch at IWG2022 | | Ben Howard | Hybrid |
| | Waihorotiu 1 | Sport for Social Change | Social Change | Elena Yanez | Hybrid |
| | Waitakere 1 | Engaging (and Keeping) Girls in Sport | Active Lives | Kate Thomas | In person only |
| | Virtual | Clustered Lightning Talks – Visibility & Promotion | | Video Lightning Talks on the subject of Visibility & Promotion | Virtual only |
| | Waitakere 3 | Influence, Personal Branding and Negotiations for Women in Sport in the Future | Leadership | Gabriela Mueller Mendoza | In person only |
| | Virtual | Decoding the Secret of Equality in Sports | Leadership | Taina Susiluoto, Jarno Tiusanen, Suvi Heikkinen, Kalle Lähdesmäki, Heli Romu, Aija Saari | Virtual only |
| | Virtual | Reframing Sport for Teenage Girls | Active Lives | Kate Nicholson | Virtual only |
| | Virtual | Leverage Partnerships To Empower Women In Sport | Leadership | Lindsay Krasnoff, Sarah Hillyer, Carolyn Spelling | Virtual only |
| | Hunua 1 | Women in Basketball- Her World Her Rules | Social Change | Amanda Jenkins | Hybrid |
| 10:00-10:30 | | Morning Tea - Waiti | | | |
| 10:30-11:15 | | Interactive Workshops - Awheawhe me korero tene | | | |
| | Virtual | Women-Led Ecosystems to reduce Barriers in Sport | Active Lives | Sally Nnamani, Marisa Schlenker | Virtual only |
| | Hunua 1 | Authentic Leadership in Action | Leadership | Sue Johnston, Katie Kilty | Hybrid |
| | Hunua 2 | Improving Young Women's Wellbeing | Active Lives | Fran McEwen | In person only |
| | Hunua 3 | The Potential of Football in Pacific Communities | Visibility & Voice | Emma Evans, Chelsey Taylor | Hybrid |
| | Main Theatre | Sport and Indigenous Women | Social Change | Hazel Maxwell | Hybrid |
| | Waitakere 1 | Positive Leadership and Flourishing in High Performance | High Performance | Natalie Hogg, Pete Sanford | In person only |
| | Virtual | Clustered Lightning Talks - Gender Equity | | Video Lightning Talks on the subject of Gender Equity | Virtual only |
| | Waitakere 3 | Shifting Systems: Building an Ecosystem of Girls Centered, Women Driven Sport in India | Social Change | Rohini Mukherjee, Lisa Murawsky | In person only |
| | Virtual | The Women's Sport Leadership Academy (WSLA): Graduate Experience and Impact | Leadership | Jordan Matthews | Virtual only |

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| | Waihorotiu 1 | Follow up study on the participation of Women & Girls in Sport in Botswana | Active Lives | Shikha Trivedi, Keenese Neoyame Katisenge | Hybrid |
| 11:30-12:15 | | Interactive Workshops - Awheawhe me korero tene | | | |
| | Main Theatre | Gender Equity in Sport in the United States | Leadership | Sarah Axelson | Hybrid |
| | Hunua 1 | Co-Design with Elite Netballers | Visibility & Voice | Stephanie Bond | Hybrid |
| | Hunua 2 | The Impact of Lockdowns on Young Women | Active Lives | Denise Atkins | In person only |
| | Hunua 3 | Owning it - Action Plan to Tackle Online Abuse against Female Athletes | Visibility & Voice | Jacqueline Comer, Josh Margetts | Hybrid |
| | Waihorotiu 1 | A Holistic Tool to Address Better Inclusion in Sport | Leadership | Alida Shanks, John McGifford | In person only |
| | Waitakere 1 | Menstruation and Physical Activity | Active Lives | Sophie Watson | In person only |
| | Virtual | Clustered Lightning Talks - Coaching | Social Change | Video Lightning Talks on the subject of Coaching | Virtual only |
| | Waitakere 3 | The Legacy of Major Sport Events | Social Change | Johanna Wood | In person only |
| | Virtual | Engaging Girls in Physical Activity and Sport | Active Lives | Karen Issokson-Silver | Virtual only |
| | Virtual | Mentoring High-Performance Coaches | High Performance | Linda Low | Virtual only |
| 12:30-13:30 | | Lunch - Tupuanuku | | | |
| 13:30-14:30 | Main Theatre | Kaikōrero Matamua - Featured Speaker Unlocking the Potential of Women's Sport | | Angela Ruggiero | Hybrid |
| 14:45-15:30 | | Interactive Workshops - Awheawhe me korero tene | | | |
| | Main Theatre | Canada's Gender Equity 'Playbook' in Sport | Leadership | Allison Sandmeyer-Graves, Alison Doherty | Hybrid |
| | Hunua 1 | Build Partnerships that Influence Policy Change | Leadership | Bernadette Hetherington, Nazish Khan | Hybrid |
| | Hunua 2 | Climate Change and Sport Ecology | Social Change | Madeleine Orr, Sheila Nguyen | In person only |
| | Hunua 3 | Investing in Women and the Positive Impact | Leadership | Ben Howard, Cathy Neap, Emma Sherry | Hybrid |
| | Waihorotiu 1 | Role of International Networks in Sport | Visibility & Voice | Rosa Lopez de D'Amico, Rosa Diketmüller | Hybrid |
| | Waitakere 1 | The Pressure on Indigenous Athletes: A Case Study | High Performance | Kath Godber | In person only |
| | Waitakere 2 | An action Plan to get More Women into Coaching | High Performance | Guylaine Demers, Penny Werthner, John Bales, Afzan Mahadi | In person only |
| | Waitakere 3 | How to Engage Gen Z with Physical Activity | Leadership | Denise Atkins | In person only |
| | Virtual | How to Unite, Support & Represent Athletes | Leadership | Aoife Lane, Maria Kinsella, Gemma Begley | Virtual only |
| | Virtual | Clustered Lightning Talks - Leadership | Leadership | Video Lightning Talks on the subject of Leadership | Virtual only |
| 15:45-16:15 | | Afternoon Tea - Waitā | | | |
| 16:15-17:00 | | Interactive Workshops - Awheawhe me korero tene | | | |
| | Main Theatre | Sport as a Vehicle for Social Change in Australia | High Performance | Julia Symons, Andrew Bennie, Ali Tucker-Munro | Hybrid |

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| Hunua 1 | Increasing Youth Participation in Sport | Leadership | Charissa Barham, Georgia Trent, Loveday Mossman-Catchpole, Ciccone Hakaraia-Turner | Hybrid |
| Hunua 2 | Develop a Community of Practice for Coaches | High Performance | Lyn Gunson | In person only |
| Hunua 3 | Raising the Profile of Women in NZ Football | Visibility & Voice | Johanna Wood | Hybrid |
| Waihorotiu 1 | Visibility in Media | Visibility & Voice | Francine Raveney, Payoshni Mitra | Hybrid |
| Virtual | Clustered Lightning Talks - Active Lives | Active Lives | Video Lightning Talks on the subject of Active Lives | In person only |
| Waitakere 3 | A Toolkit to Change the Game not the Girl | Social Change | Navjeet Sira | In person only |
| 17:00 End of Day 2 - in person programme | | | | |
| 18:00-19:00 | | | | |
| Virtual | Clustered Lightning Talks - High Performance | High Performance | Video Lightning Talks on the subject of High Performance | Virtual only |

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| DAY 3: MEANING | | | | | | | |
|----------------|--------------|---|--------------------|---|--|----------------|--------|
| TIME | WHERE | SESSION | THEME | PRESENTER / SPEAKER | | MODE | |
| 07:30-08:00 | Main Theatre | Opening Session <i>Everyone starts the day together in the Main Theatre</i> | | | | | Hybrid |
| 08:00-08:45 | | Interactive Workshops - Awheawhe me korero tene | | | | | |
| | Main Theatre | Next Generation of Female Coaches | High Performance | John Bales, Michelle De Highden, Gene Schembry, Lucy Faulkner, Masa Ito | | Hybrid | |
| | Hunua 2 | Holistic Injury Prevention and Wellbeing | Social Change | Sharon Kearney, Alysha Jensen, Jenny Storey | | In person only | |
| | Hunua 3 | An Olympic journey towards gender equality | Social Change | Elyse McDonald, Marie Sallois | | Hybrid | |
| | Waihorotiu 1 | The Benefits of Hosting Major Sports Events | High Performance | Marisa Schlenker, Aya Noguchi | | Hybrid | |
| | Waitakere 1 | Amplify and Raise the Visibility of Women's Sport | Visibility & Voice | Dunja Antunovic, Toni Bruce | | In person only | |
| | Virtual | Clustered Lightning Talks - Young Women | | Video Lightning Talks on the subject of Young Women | | Virtual only | |
| | Waitakere 3 | Influencing Investment & Resource for Women | Leadership | Gabriela Mueller Mendoza | | In person only | |
| | Virtual | Intersection of Feminism, Advocacy and Gender Justice | Visibility & Voice | Mariana Chavez Sanchez, Udit Saha, Gabrielle Apelu | | Virtual only | |
| | Virtual | Disrupting the LGBTQI+ Discourse | Active Lives | Sarah Townsend, Jane Steward | | Virtual only | |
| | Virtual | Gender and Sport in Southern Africa | Leadership | Cora Burnett | | Virtual only | |
| 09:00-09:45 | | Interactive Workshops - Awheawhe me korero tene | | | | | |
| | Main Theatre | Advancing Gender Equity in Sport: What Works | Leadership | Guylaine Demers, Penny Werthner | | Hybrid | |
| | Hunua 1 | Level Up Your Storytelling for Film & Documentary | High Performance | Joanna Lester | | Hybrid | |
| | Hunua 3 | Sports Diplomacy and Women's Empowerment | Leadership | J Simon Rofe, Sarah Hillyer, Lindsay Krasnoff | | Hybrid | |
| | Waihorotiu 1 | Overcoming Resistance to Change | Leadership | Diane Huffman, Carole Oglesby, Kari Fasting, Kanae Haneishi | | Hybrid | |
| | Waitakere 1 | IOC Framework on Fairness, Inclusion, and Non-discrimination: From Theory to Practice | High Performance | Madeleine Pape | | In person only | |
| | Waitakere 3 | Debating Women in Sport | Leadership | Payoshni Mitra | | In person only | |
| | Virtual | Impact of IWG on Women's Sports Participation | Visibility & Voice | Game Mothibi | | Virtual only | |
| | Virtual | How to Foster Gender Balance at all Levels | Visibility & Voice | Sharon Springer, David Cabello | | Virtual only | |
| | Virtual | Clustered Lightning Talks – Sport Science | | Video Lightning Talks on the subject of Sport Science | | Virtual only | |
| 09:45-10:10 | | Morning Tea – Waiti | | | | | |
| 10:20-11:05 | | Kaikōrero Matamua - Featured Speakers | | | | | |
| | Main Theatre | Raising the Global Game - Gender Equality for Women & Girls in Sport | | Kereyn Smith, Annamarie Phelps, Muditambi Ravele, Payoshni Mitra | | Hybrid | |

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| 11:05-17:00 | Ōrākei Marae | First Nations/Indigenous Workshop First Nation/Indigenous participants only. Pre-registration required. | Visibility & Voice | | In person only |
| 11:05-13:00 | | Topics – Pre-registration required. | | | |
| | Hunua 1 | Safe Sport | Active Lives | Kirsty Burrows, Sarah Hirshland | Hybrid |
| | Main Theatre | Gender Leadership | Leadership | Stephanie Hightower | Hybrid |
| | Hunua 3 | Big 4 World Cups | Leadership | Rachel Froggatt, Michelle Hooper, Jane Patterson, Andrea Nelson, Richard Clarke | Hybrid |
| | Waihorotiu 1 | Promoting Gender Equality in Sport in Asia by using the momentum of Tokyo 2020 | Visibility & Voice | Aya Noguchi | Hybrid |
| | Hunua 2 | Male Allies | Visibility & Voice | Greg Barclay, Pedro Dias | In person only |
| | Waitakere 2 | Reflecting on progress of gender equity in sport | Leadership | Robyn Cockburn | In person only |
| | Waitakere 3 | High Performance Culture | High Performance | Kereyn Smith | In person only |
| | Virtual | Gender Identity | Social Change | Simone Fullagar | Virtual only |
| | Offsite | Motherhood | Social Change | Niamh Clerkin | In person only |
| | Offsite | Live Ocean | | We will provide a facilitator where we can and a subject matter expert on the day. | In person only |
| | Offsite | Gender Identity | Social Change | Judy O'Brien | In person only |
| | Offsite | Developing the Women-in-Coaching Support Network | High Performance | Michelle de Highden, John Bales | In person only |
| | Offsite | Cultural Māori Experience | Social Change | Sue Emerson | In person only |
| | Offsite | Environmental Sustainability | Social Change | Madeline Orr | In person only |
| | Offsite | Athlete Wellbeing | Active Lives | We will provide a facilitator where we can and a subject matter expert on the day. | In person only |
| | Virtual | Clustered Lightning Talks – Visibility & Voice | Visibility & Voice | Video Lightning Talks on the subject of Visibility & Voice | Virtual only |
| 13:00-14:00 | | Lunch - Tupuanuku | | | |
| 14:10-16:00 | | Tribes - Pre-registration required | | | |
| | Hunua 1 | GE Regional Meeting – Asia | Leadership | Etsuko Ogasawara | Hybrid |
| | Hunua 3 | GE Regional Meeting – Africa | Leadership | Game Mothibi | Hybrid |
| | Waihorotiu 1 | GE Regional Meeting – Americas | Leadership | Rosaura MendezGamboa | Hybrid |
| | Hunua 2 | GE Regional Meeting – Europe | Leadership | Sallie Barker | In person only |
| | Main Theatre | GE Association Meeting – WomenSport International | Visibility & Voice | Diane Huffman | Hybrid |
| | Waitakere 2 | Sport New Zealand | Leadership | | In person only |

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| | Offsite | Youth Voice Workshop | Visibility & Voice | Jenny Hesketh, Isla Withers, Grace Felton, Georgia May, Kaija Ruck | In person only |
| | Virtual | Clustered Lightning Talks – Active Lives | Active Lives | Video Lightning Talks on the subject of Active Lives | Virtual only |
| 17:00–18:00 | Virtual | Clustered Lightning Talks – Social Change | Social Change | Video Lightning Talks on the subject of Social Change | Virtual only |
| TBC | In-person | Side Event Networking opportunity at SkyCity bar, twentyone | | | In person only |

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| DAY 4: LAUNCHING | | | | | | |
|------------------|--------------|--|--------------------|---|--|----------------|
| TIME | WHERE | SESSION | THEME | PRESENTER / SPEAKER | | MODE |
| 08:30-08:50 | Main Theatre | Opening Session <i>Everyone starts the day together in the Main Theatre</i> | | | | Hybrid |
| 08:50-09:50 | Main Theatre | Action Planning - Awheawhe me korero tene | | | | In person only |
| 09:55-11:00 | | Inspiring Insights - He Wawata | | | | |
| | Main Theatre | Sport and Politics | Active Lives | Khalida Popal | | Hybrid |
| | Main Theatre | Clean, green, and just: Crafting sustainable futures for sport | Social Change | Madeleine Orr | | Hybrid |
| | Main Theatre | Powered By Purpose: How High Performance Sport Can Encourage Social Change | High Performance | Dame Katherine Grainger | | Hybrid |
| | Main Theatre | Ka Mua, Ka Muri – we walk backwards into the future A perspective from a young Māori & Pasifika woman | Visibility & Voice | Maia Mariner | | Hybrid |
| 11:00-11:20 | | Morning Tea – Waiti | | | | |
| 11:30-12:15 | | Kaikōrero Matamua - Featured Speaker | | | | |
| | Main Theatre | The next generation is here | | Arizona Leger | | Hybrid |
| 12:15-13:00 | Main Theatre | Mihi Whakamutunga – Final Remarks IWG Declaration | | IWG Global Executive, Steering Committee, He Wāhine Toa Kei Te Kokiri | | Hybrid |
| 13:00 | | Closing Ceremony | | | | |
| | Main Theatre | <i>Māori cultural closing by Ngāti Whātua Ōrākei</i> | | | | Hybrid |

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